

## 5.12

### My SEWA Promise Form (illustrative)

Dear Student,

SEWA is a firm step to prepare you for life. It is a voluntary project experience. You have to complete **My SEWA Promise Form** and obtain prior approval for the activity/project. Selection of a SEWA activity, development, implementation of the proposal and evaluation of the activity is the responsibility of each student. Signature of the parent indicates review and approval of this proposal.

Student's Name: \_\_\_\_\_ Class: \_\_\_\_\_

(Print or type)

**Brief Description of the Activity:**

Duration (Days and Time): \_\_\_\_\_ Estimated Hours: \_\_\_\_\_

Name of Mentor Teacher: \_\_\_\_\_

Student Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## 5.13 SEWA Hourly Schedule (illustrative)

| Hour Count | Date and Day | Proposed Activity Plan |
|------------|--------------|------------------------|
| Hour 1     |              |                        |
| Hour 2     |              |                        |
| Hour 3     |              |                        |
| Hour 4     |              |                        |
| Hour 5     |              |                        |
| Hour 6     |              |                        |



**Mentor's Observation (Suggestive)**

Attendance: \_\_\_\_\_

Involvement: \_\_\_\_\_

Regularity: \_\_\_\_\_

Commitment: \_\_\_\_\_

Additional Comments: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

The activity/project was (circle appropriate response):

Satisfactorily completed

Not Satisfactorily completed

\_\_\_\_\_

\_\_\_\_\_

Activity/Project Mentor's signature

Name

Seal of school

*The following questions should be addressed at the end of each activity/project. These are guiding questions. Candidates can either answer on this form or write a reflective, continuous text incorporating responses to these questions.*

My Name \_\_\_\_\_

My Activity / Project \_\_\_\_\_

My Commitment Towards the Project/ Activity

\_\_\_\_\_

\_\_\_\_\_

This Activity/ Project has been a great learning experience because

\_\_\_\_\_

\_\_\_\_\_

I initially felt that the project could not have achieved its outcomes because

\_\_\_\_\_

\_\_\_\_\_

The project has definitely changed me as a person in terms of behaviour, attitude and life skills because

\_\_\_\_\_

\_\_\_\_\_

The details of beneficiary(ies). Any significant comment received from them; please quote

\_\_\_\_\_

\_\_\_\_\_

The challenges I faced and the things I might do differently next time so as to improve?

\_\_\_\_\_

\_\_\_\_\_